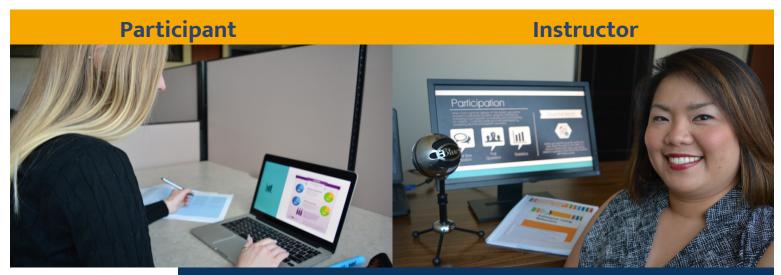
# Behavior Change Classes With Substance and Accountability

# **An Innovative Solution In Accountability**

CorrectiveSolutions' CS Courses classes are administered via **LIVE** interactive webinars which participants complete online, unlike other online classes that are pre-recorded videos or self study programs. Each class is led by 2 instructors: one teacher and one facilitator. The teacher is the person participants see on the screen along with curriculum content, and the facilitator is the instructor that interacts in real-time with participants via personal chats, quizzes and poll questions.



#### **Evidence-Based Curriculum**

The class utilizes cognitive behavioral modification programming accompanied by age appropriate interactive journals for maximum impact and effectiveness. The structure of the class is designed to engage participants and encourage honest self-reflection, without the pressure of sitting next to a peer.

# We Keep Participants Engaged and Active

In a traditional group session or classroom setting, only a portion of the participants are fully engaged.

To ensure accountability and promote **real** behavioral change, our courses require participants to answer **every** quiz question and **regularly** participate in class discussion to get class credit.



# **Available Courses For Adults**

#### **Community Accountability**

The Community Accountability Class is built on and utilizes cognitive behavioral change strategies. In this class, participants consider the connection between their thinking and their involvement in the criminal justice system. The participants weigh the payoffs and costs of their negative behavior and consider possible errors in thinking that lead to irresponsible and criminal behavior. They learn how to challenge and change their self-talk as well as decision-making and problem-solving skills.

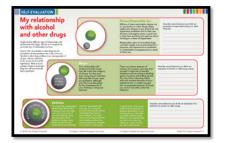
## **Anger Management**

The Anger Management Class is built on self-control strategies that incorporate cognitive behavioral change principles. The class focuses on feelings participants experience most often and addresses risks related to low self-control.

### **Substance Using Behavior**

The Substance Using Behavior Class helps participants evaluate the impact of illegal and controlled substance use on their lives. The goals of the class are to help participants recognize the strengths and abilities they can utilize to achieve their goals for change and guide them in the development of a plan to help maintain their efforts toward recovery.





#### **Minors in Possession**

The Minors in Possession Class is designed to address underage alcohol consumption, drug use and illegal tobacco use. The class uses a Substance Using Behaviors curriculum and evidence-based strategies to help participants make positive changes to their thoughts, feelings and behaviors.

# **Strengthening Parenting Skills**

Participants explore what good parenting means to them and consider strategies for maintaining relationships with their children while they are apart. Additionally, this class addresses emotional stability and cognitive behavioral change strategies that target root causes of non-violent child abuse from parents.



# **Petty Theft/Vandalism**

The Petty Theft/Vandalism course is appropriate for shoplifting and theft charges, as well as vandalism/destruction of property. The class addresses emotional stability and cognitive behavioral change techniques to both curb theft impulses while instilling a real sense of accountability.

# **Responsible Gun Ownership**

Participants will review and reinforce best gun safety practices, create greater self-awareness for Responsible Gun Ownership and a personal relationship with firearms to help prevent misuse or accidents. The 4 universal laws of firearm safety, the 12 rules for safe gun handling, and identifying risks associated with their current practices and/or misuse will all be covered.

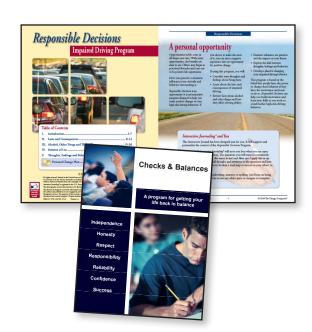


#### **Responsible Driving**

This class is appropriate for all driving-related offenses, and addresses the understanding that safe driving can save lives while providing behavioral tools to curb aggression, recklessness, negligence, driving under the influence, and other underlying causes of unsafe driving, accidents, and even loss of life.

#### **Financial Accountability**

The Financial Accountability class is appropriate for charges involving worthless checks and other financial crimes. Participants are taught healthy reactions to financial instability with tools that encourage responsible financial practices. It also addresses impulse control and underlying causes of financial crimes.



# **Available Courses For Juveniles**

## **Relationships and Communication (Sexting)**

This class is appropriate for juveniles engaging in the sharing of sexually explicit photos of themselves or peers, and addresses pressuring (and being pressured) to participate in sexting while encouraging self-esteem growth. In-class exercises focus on respecting others, setting/keeping boundaries, and how to respond to uncomfortable/inapprorpriate behavior.

# Victim Awareness (Bullying)

The Victim Awareness Class is for juveniles engaging in behavior that seeks to harm, intimidate, or coerce someone they perceive as vulnerable. The focus is to address and encourage healthy emotional development by exploring insecurity, parental neglect, and lack of empathy for which bullying is used to cope.

**NOTE:** The "Minors in Possession," "Petty Theft/Vandalism" and "Anger Management" courses are also available for juveniles and include juvenile-specific curriculum.

#### **Learn More Online**

Updated lists of classes and class prices can be found at <u>CScourses.org</u>. For full diversion options, go to <u>CorrectiveSolutions.org/ACCESS-Diversion</u>. CorrectiveSolutions offers both offender-pay and agency-pay options, including full and partial payment. The pricing structure is finalized during the startup process. For all inquiries, email Info@CorrectiveSolutions.org.



